



Thursday 28 March 2024
7.00pm



Footwashing: Giotto Frescoes of the Scrovegni Chapel, Padua

The Eucharist of the Last Supper

Presider
Revd Richard Carter

Preacher
Revd Dr Sam Wells

The Choir of St Martin-in-the-Fields

Directed by
Jennifer Sterling

Organist
Phoebe Tak Man Chow

Setting
Missa Ave Regina Caelorum
Palestrina

Welcome

Our welcomers are available to assist with any of the following access information.

Welcome whether you are joining us today in our building or online. Our cameras focus on those who are leading our service, but if you are in the building and would like to ensure that you are not caught on camera, please sit beyond the pillars on the south of the church (to the right as you enter).

Welcome if you are disabled, unwell, have experiences of dementia, physical, sensory, cognitive or mental health issues, or are neurodivergent. The order of service is online or large print copies are available. The hearing loop works best on the south side of the church. Step-free access to church is via the ramp on the north side, and to the Crypt and Hall via lifts in the NW porch and Pavilion.

Welcome to babies, children and young people. We understand that young children make noise. If your baby becomes upset during the service, you are welcome to go to the back of church if needed to settle — or to our children's church room. We support breastfeeding in services; we also have a room allocated if preferred. We have children's church groups during the service (currently alternate weeks) and a monthly group for teenagers after Sunday morning worship.

Welcome to anyone with a need of safeguarding. If you would like to reach our safeguarding team, you can email safeguarding@smitf.org

Welcome to all experiences of race, culture and language. At the Lord's Prayer all are invited to bring the gift of our first language to our worship. Our 1.30pm is in Cantonese: our welcomers are happy to help where they can if you are new to English. You are also very welcome if you are LGBTQIA+.

Welcome if you are agnostic or are from a faith tradition different from Christianity.

Welcome if you are wary of faith. **Welcome** if you're exploring. **Welcome** if you are here to support someone else. If you would like to explore what you believe in a friendly and non-judgemental group, our Being With Courses run throughout the year online and in the building. Email being-with@smitf.org for more details.

You are welcome to share our meal with God. When we come to Holy Communion, we receive bread in the form of a wafer, then wine from a common cup. Non-alcoholic wine and gluten-free wafers are available in the south aisle. If you need to receive in your seat please let a welcomer know and the ministers will come to you. If you do not want to or cannot receive bread or wine for whatever reason you are welcome to let the priest know you would like to receive a simple prayer for blessing, or to stay in your seat. We welcome your ideas and help for us to become a more welcoming community.

We are glad you are here.

The Gathering

Words of Welcome and Introduction

Please stand.

The Greeting

Come, Lord Jesus, take your rightful place as Host at this table.

All **Let us sit down with you, and eat.**

Come, Lord Jesus, take your rightful place as Love in our midst.

All **Let us sit down with you, and drink.**

We acknowledge God's presence drawing each of us into one body as we gather on site and online.

Visit us Lord, by your Holy Spirit.

All **Though in many places, we are united as one body.
Though from many backgrounds, we share one hope.**

Hymn

**1 Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.**

**2 O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.**

**3 O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;**

**4 And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.**

**5 O generous love! that he, who came
as man to smite our foe,
the double agony for us
as man should undergo.**

continued...

**6 And in the garden secretly,
and on the cross on high,
should teach his followers, and inspire
to suffer and to die.**

**7 Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.**

John Henry Newman (1801-1890)

Please sit or kneel.

The Prayers of Penitence

Our Lord Jesus Christ says: 'If you love me, keep my commandments.' 'Unless I wash you, you have no part with me.' Let us confess to almighty God our sins against his love, and ask him to cleanse us.

All Father eternal, giver of light and grace, we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, through ignorance, through weakness, through our own deliberate fault. We have wounded and betrayed your love and marred your image in us. We are sorry and ashamed and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and lead us out from darkness to walk as children of light. Amen.

Kyrie eleison is sung by choir.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All Amen.

Gloria in Excelsis is sung by choir.

Collect

God our Father, you have invited us to share in the supper which your Son gave to his Church to proclaim his death until he comes: may he nourish us by his presence, and unite us in his love; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

The Liturgy of the Word

First Reading Exodus 12: 1-4, 11-14 *read by Neil MacGregor*

The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbour in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgements: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the Lord; throughout your generations you shall observe it as a perpetual ordinance.

Hear the word of the Lord.

All **Thanks be to God.**

Second Reading 1 Corinthians 11: 23-26 *read by Wendy Quill*

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Hear the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel in the centre aisle.

Gospel Hymn

**1 Let us break bread together on our knees,
let us break bread together on our knees:
*When I fall on my knees,
with my face to the rising sun,
O Lord, have mercy on me!***

**2 Let us drink wine together on our knees,
let us drink wine together on our knees:
*Chorus***

continued after Gospel reading

Gospel Reading Mark 14: 12-25

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

On the first day of Unleavened Bread, when the Passover lamb is sacrificed, Jesus' disciples said to him, 'Where do you want us to go and make the preparations for you to eat the Passover?' So he sent two of his disciples, saying to them, 'Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, "The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?" He will show you a large room upstairs, furnished and ready. Make preparations for us there.' So the disciples set out and went to the city, and found everything as he had told them; and they prepared the Passover meal.

When it was evening, he came with the twelve. And when they had taken their places and were eating, Jesus said, 'Truly I tell you, one of you will betray me, one who is eating with me.' They began to be distressed and to say to him one after another, 'Surely, not I?' He said to them, 'It is one of the twelve, one who is dipping bread into the bowl with me. For the Son of Man goes as it is written of him, but woe to that one by whom the Son of Man is betrayed! It would have been better for that one not to have been born.'

While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, 'Take; this is my body.' Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, 'This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

Hymn *continued*

**3 Let us praise God together on our knees,
let us praise God together on our knees:
Chorus**

Spiritual

Please sit after the opening prayer.

Sermon Revd Dr Sam Wells

Anthem Ubi caritas *Ola Gjeilo*

Ubi caritas et amor, Deus ibi est. Congregavit nos in unum Christi amor. Exsulemus et in ipso jucundemur. Timeamus et amemus Deum vivum. Et ex corde diligamus nos sincero. Amen. *Where charity and love are, God is there. The love of Christ has gathered us into one. Let us rejoice and delight in him. Let us fear and love the living God, and let us honour him with a sincere heart. Amen.*

Gregorian Chant

The Washing of Feet

On the night that he was betrayed Jesus rose from supper, laid aside his garments, put a towel around him and began to wash his disciples' feet.

Those whose feet are to be washed, please take the chairs at the end of the rows.

Anthem The Lamentation *Bairstow*

How doth the city sit solitary, that was full of people: how is she become as a widow! She that was great among the nations, and princess among the provinces: how is she become tributary! She weepeth sore in the night, and her tears are on her cheeks: among all her lovers, she hath none to comfort her. The ways of Zion do mourn, because none come to the solemn assembly: all her gates are desolate, and she herself is in bitterness. The Lord hath afflicted her for the multitude of her transgressions: her children are gone into captivity before the enemy. All they that go by clap their hands at her: they hiss, and wag their head at the daughter of Jerusalem saying, 'Is this the city that men called the perfection of beauty; the joy of the whole earth?' Jerusalem, Jerusalem, return unto the Lord thy God. For these things I weep: mine eye runneth down with water. From on high hath the Lord sent fire into my bones, and it prevaleth against them: he hath made me desolate and faint all the day. My flesh and my skin hath he made old: he hath broken my bones.

continued...

He hath builded against me; and compassed me with gall and travail. He hath made me to dwell in dark places: as those that have been long dead. I am become a derision to all my people: and their song all the day. Let him give his cheek to him that smiteth him: let him be filled full with reproach. Is it nothing to you, all ye that pass by: behold and see if there be any sorrow like unto my sorrow. Remember mine affliction and my misery: the wormwood and the gall. Jerusalem, Jerusalem, return unto the Lord thy God. Remember, O Lord, what is come upon us: behold and see our reproach. The joy of our heart is ceased: our dance is turned into mourning. The crown is fallen from our head: woe unto us, for we have sinned. For this our heart is faint: for these things our eyes are dim. Let us search and try our ways: and turn again unto the Lord. Turn thou us unto thee, O Lord, and we shall be turned: renew our days as of old. It is of the Lord's mercies that we are not consumed: because his compassions fail not. They are new every morning: great is thy faithfulness. The Lord is my portion, saith my soul: therefore will I hope in him. O Lord, thou hast pleaded the causes of my soul: thou hast redeemed my life. Jerusalem, Jerusalem, return unto the Lord thy God.

From the Lamentation of Jeremiah

At the end of the footwashing, the following is said:

If I, your Lord and teacher, have washed your feet, then you should wash each other's feet also. I have given you an example and you should follow what I have done.

Please remain seated or kneel.

The Prayers of Intercession *led by Revd Angela Sheard*

Let us pray.

The response to the prayers is:

Lord in your mercy

All **Hear our prayer.**

At the end:

Merciful Father,

All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Please stand.

The Liturgy of the Sacrament

The Peace

Our Lord Jesus Christ said, 'Blessed are the peacemakers for they shall be called children of God.'

All The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

A collection will be taken for the work of this church during the following hymn. You are welcome to donate using:

- *cash in the collection bags filling in a Gift Aid envelope if applicable*
- *select amount and tap the card machines brought by the stewards*
- *by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message).*
- *by scanning the QR code to the right with your phone*



Offertory Hymn

- 1 O thou, who at thy Eucharist didst pray
that all thy church might be for ever one,
grant us at every Eucharist to say
with longing heart and soul, 'Thy will be done':
O may we all one bread, one body be,
through this blest sacrament of unity.**
- 2 For all thy church, O Lord, we intercede;
make thou our sad divisions soon to cease;
draw us the nearer each to each, we plead,
by drawing all to thee, O Prince of Peace:
thus may we all one bread, one body be,
through this blest sacrament of unity.**
- 3 We pray thee too for wanderers from thy fold;
O bring them back, good Shepherd of the sheep,
back to the faith which saints believed of old,
back to the church which still that faith doth keep;
soon may we all one bread, one body be,
through this blest sacrament of unity.**

A musical interlude may be played on the organ before the final verse is sung

continued...

**4 So, Lord, at length when sacraments shall cease,
may we be one with all thy church above,
one with thy saints in one unbroken peace,
one with thy saints in one unbounded love:
more blessed still, in peace and love to be
one with the Trinity in Unity.**

William Henry Turton (1856-1938)

The Preparation of the Table
The Taking of the Bread and Wine

The table is prepared and bread and wine are received from the congregation and placed upon it. The financial gifts of the people are gathered and presented with the following prayer:

Come, Lord Jesus, make yourself known in the breaking of Bread.

All **For you are our God, for ever and ever.**

The Eucharistic Prayer

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

Meek and majestic God, you set aside the perfection of your Trinitarian life to create the universe, and you called the children of Abraham to be your priestly kingdom. You gave your people freedom in the parting of the sea and marked them for life with the blood of the Lamb. In Jesus you laid aside the towel of your majesty and knelt among your children, facing humiliation and rejection. In his agony in the garden and suffering on the cross you showed the world the extent of your love and your longing to bring us home to the throne where we shall join angels and archangels and all the company of heaven, praising your holy name in the unending hymn.

Sanctus and Benedictus are sung by the choir.

Self-giving God, in Jesus you became the Lamb who takes away the sins of the world, and the living bread, broken for the life of your children. Come among us in the power of your Holy Spirit, that your people, as fragile and fitful as your disciples, may become your temple, and that these gifts of bread and wine may be for us the body and blood of your Son Jesus Christ. Who, at supper with his disciples, this night took bread, gave you thanks, broke the bread, and gave it to them, saying, 'Take, eat: this is my body which is given for you; do this in remembrance of me.' After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.' And so in remembrance of these your mighty acts in Jesus Christ, we proclaim the mystery of faith.

**All Christ has died:
Christ is risen:
Christ will come again.**

Blessed and broken God, be among your people who taste the bitter herbs of slavery and oppression; be close to your children who are poured out in grief and despair; remake the church, your Son's body, where it is broken by discord and dispute; and renew your creation in the joy of thanksgiving. Spread your table in the face of friends and enemies, that all may know your peace and gather in the company of your saints, where you, in the presence of Christ and the companionship of the Holy Spirit are all in all, one God, now and forever.

All Amen.

Please sit or kneel.

The Lord's Prayer

As our Saviour taught us, so we pray, each in our own preferred language.

**All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation**

**but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ.

All **Though we are many, we are one body because we all share in one bread.**

Agnus Dei is sung by the choir.

The Giving of Communion

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Communicant members of all Christian Churches are invited to receive Holy Communion. Bread and wine are available in the central and side aisles. Gluten-free wafers and non-alcoholic wine are available in the south aisle. If you wish to receive Communion in your seat do let a steward know.

Communion Anthem *Tantum ergo de Severac*

Tantum ergo sacramentum veneremur cernui, et antiquum documentum novo cedat ritui; praestet fides supplementum sensuum defectui. Genitori Genitoque laus et iubilatio, salus, honor, virtus quoque sit et benedictio; procedenti ab utroque compar sit laudatio. Amen. Therefore so great a Sacrament let us fall down and worship, and let the old law give way to a new rite, and let faith stand forward to make good the defects of sense. To the Father and the Son be praise and joy, health, honour and virtue and blessing, and to him proceeding from both be equal praise. Amen.

Attr. Thomas Aquinas (1225-1274)

Silence is kept.

The Prayer after Communion

All **Lord Jesus Christ, we thank you that in this wonderful sacrament you have given us the memorial of your passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves and show forth in our lives the fruit of your redemption, for you are alive and reign, now and for ever. Amen.**

Please stand.

Hymn

- 1 My song is love unknown,
my Saviour's love to me,
love to the loveless shown,
that they might lovely be.
O who am I,
that for my sake
my Lord should take
frail flesh, and die?**
- 2 He came from his blest throne,
salvation to bestow;
but people scorned him; none
the longed-for Christ would know.
But O, my Friend,
my Friend indeed,
who at my need
his life did spend.**
- 3 Sometimes they strew his way,
and his sweet praises sing;
resounding all the day
hosannas to their King.
Then 'Crucify!'
is all their breath,
and for his death
they thirst and cry.**

A musical interlude may be played on the organ before the final verse is sung

continued...

**4 Here might I stay and sing:
no story so divine;
never was love, dear King,
never was grief like thine!
This is my Friend,
in whose sweet praise
I all my days
could gladly spend.**

Samuel Crossman (1624-1684)

The Gospel of the Watch John 13: 21-30 *read by Revd Richard
Carter*

After saying this Jesus was troubled in spirit, and declared, 'Very truly, I tell you, one of you will betray me.' The disciples looked at one another, uncertain of whom he was speaking. One of his disciples – the one whom Jesus loved – was reclining next to him; Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. So while reclining next to Jesus, he asked him, 'Lord, who is it?' Jesus answered, 'It is the one to whom I give this piece of bread when I have dipped it in the dish.' So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot. After he received the piece of bread, Satan entered into him. Jesus said to him, 'Do quickly what you are going to do.' Now no one at the table knew why he said this to him. Some thought that, because Judas had the common purse, Jesus was telling him, 'Buy what we need for the festival'; or, that he should give something to the poor. So, after receiving the piece of bread, he immediately went out. And it was night.

The lights are dimmed.

The Stripping of the Sanctuary follows, during which the Choir sings Psalm 22 to Plainsong.

When the sanctuary has been stripped, the lights will be extinguished.

The candle on the altar, signifying the presence of Christ in the Blessed Sacrament, will continue to burn throughout the Watch.

At the Commencement of the Watch Matthew 26: 36-38
read by Revd Angela Sheard

Then Jesus went with them to a place called Gethsemane; and he said to his disciples, 'Sit here while I go over there and pray.' He took with him Peter and the two sons of Zebedee, and began to be grieved and agitated. Then he said to them, 'I am deeply grieved, even to death; remain here, and stay awake with me.'

You are invited to keep watch with Christ, for as long as you are able. The Watch will continue until 10pm. When you leave, please do so as quietly as possible.

At the Conclusion of the Watch Lamentations of Jeremiah 1-2
read by Revd Richard Carter

How lonely sits the city that once was full of people! How like a widow she has become, she that was great among the nations! She weeps bitterly in the night, with tears on her cheeks; among all her lovers she has no one to comfort her.

All **Jerusalem, Jerusalem, return to the Lord your God.**

The reserved sacrament is consumed and the altar candle is extinguished.

Matthew 26: 31, 47-56b *read by Revd Richard Carter*

Then Jesus said to them, "You will all become deserters because of me this night; for it is written, 'I will strike the shepherd, and the sheep of the flock will be scattered.'" While he was still speaking, Judas, one of the twelve, arrived; with him was a large crowd with swords and clubs, from the chief priests and the elders of the people. Then all the disciples deserted him and fled.

Good Friday

10.00am All Age service

12.00pm The Three Hours

Easter Day

5.30am Vigil and First Eucharist

10.00am Eucharist in English

1.30pm Eucharist in Cantonese

3.15pm Choral Classics

5.00pm Choral Evensong

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