



Wednesday 23rd March 2022

Bread for the World

An Informal Eucharist

Introit It is a thing most wonderful *Bob Chilcott*

It is a thing most wonderful,
Almost too wonderful to be,
That God's own Son should come from heaven
And die to save a child like me.

And yet I know that it is true,
He chose a poor and humble lot,
And wept and toiled and mourned and died,
For love of those who loved him not.

It is most wonderful to know
His love for me so free and sure;
But 'tis more wonderful to see
My love for him so faint and poor.

Bishop William Walsham How (1823–97)

Welcome and Opening Prayers *Revd Richard Carter*

Creator God,
Come to us, in the difference of every life gathered
Come to us in song
Come to us in word
Come to us in stillness and silence
Come to us in our care for one another
Come to us in bread and wine
Come to us in flesh and blood
Reach out across time
Be present in all time.

All **Amen**

All **Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Opening Hymn

- 1 Dear Lord and Father of mankind,
Forgive our foolish ways;
Reclothe us in our rightful mind;
In purer lives thy service find,
In deeper reverence, praise.**

- 2 In simple trust like theirs who heard
Beside the Syrian sea
The gracious calling of the Lord,
Let us, like them, without a word
Rise up and follow thee.**

continued...

- 3 **O sabbath rest by Galilee!**
O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity,
Interpreted by love!
- 4 **Drop thy still dews of quietness,**
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of thy peace.
- 5 **Breathe through the heats of our desire**
Thy coolness and thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind and fire,
O still small voice of calm!

John Greenleaf Whittier (1807–1892)

Prayers of Forgiveness

Let us now call to mind our sin and the infinite mercy of God:

Silence is kept.

Wash me thoroughly from my wickedness

And cleanse me from my sin:

Lord, have mercy.

All **Lord, have mercy.**

Make me a clean heart, O God,

and renew a right spirit within me:

Christ, have mercy.

All **Christ, have mercy.**

Cast me not away from your presence

and take not your holy spirit from me:

Lord, have mercy.

All **Lord, have mercy.**

And Jesus said "Your sins are forgiven"

In the name of the Father who created you and waits to welcome you home, in the name of the Son who searches for you, in the name of the Spirit who brings the healing of forgiveness and calls you to do the same, you have been set free.

All Amen.

Words on the Edge Mark 5.1- 20

They went across the lake to the region of the Gerasenes. When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. This man lived in the tombs, and no one could bind him anymore, not even with a chain. For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. Night and day among the tombs and in the hills he would cry out and cut himself with stones.

When he saw Jesus from a distance, he ran and fell on his knees in front of him. He shouted at the top of his voice, "What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!" For Jesus had said to him, "Come out of this man, you impure spirit!"

Then Jesus asked him, "What is your name?"

"My name is Legion," he replied, "for we are many." And he begged Jesus again and again not to send them out of the area.

A large herd of pigs was feeding on the nearby hillside. The demons begged Jesus, "Send us among the pigs; allow us to go into them." He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned. Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. Those who had seen it told the people what had happened to the demon-possessed man—and told about the pigs as well. Then the people began to plead with Jesus to leave their region.

As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. Jesus did not let him, but said, "Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you." So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed.

Reflection Binding the Demon *Wendy Quill*

Anthem O God of hope and Lord of Healing *Margaret Rizza*

*O God of hope and Lord of healing,
We come to you in prayer.
In our living and our dying,
You promise to be there.*

Prayers

Prayer of Thanksgiving

Prayer of Concern

Prayer of Hope

Each prayer ends with 'We pray to you'

Prayer Chant Be still and know that I am Lord *Taizé*



Sharing of the Peace

God of eternal peace, who offers the gift of peace and whose children are the peacemakers; pour your peace into our hearts, that conflict and anger may cease. Peace is the gift of the Risen Christ.

The peace of the Lord be always with you.

All **And also with you.**

Let us offer each other a sign of that peace

Gathering Hymn

**1 Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.**

**2 Saviour, breathe forgiveness o'er us;
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.**

**3 Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.**

James Edmeston (1791-1867)

The Eucharistic Prayer

The Lord be with you

All **And also with you**

Together we pray:

All **Bless the earth, heal the sick, let the oppressed go free, and fill each one of us with your love from on high. Gather your people from the ends of the earth to feast at your table with all your saints.**

The Lord's Prayer

Let us pray in our first language the prayer our Saviour taught us:

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever.
Amen**

The Breaking of the Bread

Look, Jesus Christ, the Bread of Heaven, is broken for the life of the world. The gifts of God for the people of God.

All **Jesus Bread of Life, Bread which is broken, Bread for the world.**

Communion Anthem We shall walk through the valley in peace

We shall walk through the valley in peace,
and if Jesus himself shall be our leader,
we shall walk through the valley in peace.

There will be no sorrowing there,
and if Jesus himself shall be our leader,
we shall walk through the valley in peace.

Undine Smith Moore (1904 –1989)

Prayer after Communion

All Lord Jesus Christ, You are the Word for us to speak, You are the Truth for us to tell; You are the Light for us to light in the darkness, You are the Bread of Life for us to share.

Notices

Thanksgiving hymn

- 1 O Jesus, I have promised
to serve thee to the end;
be thou for ever near me,
my Master and my Friend:
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.**
- 2 O let me feel thee near me:
the world is ever near;
I see the sights that dazzle,
the tempting sounds I hear;
my foes are ever near me,
around me, and within;
but, Jesus, draw thou nearer,
and shield my soul from sin.**

continued...

- 3 O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.**
- 4 O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end:
O give me grace to follow,
my Master and my Friend.**
- 5 O let me see thy foot-marks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.**

John Ernest Bode (1816-1874)

Blessing

Go simply, lightly, gently
Go with obedience
Go with love

And the blessing of Almighty God,
Father, Son and Holy Spirit be with you now and forever.

All Amen

Blessing Anthem A Prayer of St Richard of Chichester *Malcolm Archer*

Thanks be to thee, our Lord Jesus Christ,
for all the benefits which thou hast given us,
for all the pains and insults which thou hast born for us.
O most merciful Redeemer,
Friend and Brother,
may we know thee more clearly,
love thee more dearly,
and follow thee more nearly. Amen.

Retiring Collection

In line with health advice we have reintroduced cash offerings as part of our worship. You are also invited to give in other ways:

*Online at <https://stmartininthefields.myiknowchurch.co.uk/giving>
or texting COLLECTION to 70450 to donate £10 (texts cost £10
plus one standard rate message).*

If you have enjoyed this service and would like to help us continue with this work, we would be grateful to receive donations towards the worshiping life of the church. You can give:

- by texting COLLECTION to 70450 to donate £10 (texts cost £10 plus one standard rate message),
- by tapping the contactless donation point in the porch on your way out,
- online at stmartininthefields.myiknowchurch.co.uk/giving.

Thank you.

Soloist: Susannah Hill
Pianist: Polina Sosnina

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